

First International
CENTRAL ASIAN APIPHYTOTHERAPY SUMMIT

23-26 April 2026, Bishkek-Kyrgyzstan

Dear Participants,

The method of 'Health and Treatment with Bee Products,' known worldwide as 'Apitherapy,' is attracting great interest. This method has been successfully applied for years in many countries around the world, especially in Central Asia. On the other hand, 'Phytotherapy,' a traditional herbal treatment method, is an application as old and effective as human history. Apitherapy is a natural method developed by combining Apitherapy and Phytotherapy methods. In today's world, where people are striving to return to nature, such practices are an extremely important source of healing. Apitherapy cures, prepared from valuable bee products and countless medicinal plants, are a natural treasure for a healthy and high-quality life. Rich in antioxidants, vitamins, and minerals, apitherapy products support the immune system, address vitamin deficiencies, and provide protection against many diseases.

However, these types of natural remedies are not alternatives to modern medicine, but rather complementary to existing treatments, provided they are used under the supervision of a physician. It should be remembered that the effectiveness of these practices can vary depending on many factors such as individuals' biology, genetic characteristics, age, weight, gender, and allergic conditions. On the other hand, in order to obtain the expected benefits from apiphytotherapy treatments, the traceability of every stage of bee products, from their production environment to consumption, is of great importance. The quality, purity, and compliance with minimum standards of bee and herbal products used in apiphytotherapy are extremely important. In conclusion, it is crucial that the subject of apiphytotherapy, a treasure trove of healthy living, is shared with experts from different disciplines based on accurate information, experience, and scientific data. In this context, the *First International 'Central Asia Apifitotherapy Summit'*, with broad participation, was organized in Bishkek, Kyrgyzstan, between April 23-26, 2026, in cooperation between Kyrgyzstan and Turkey, which is a world center for apiphytotherapy. Your participation and valuable contributions to this event would be an honor. Sincerely,

Prof.Dr. Mehmet Rüstü Karaman

*Chair of The C.A. Apyphytotherapy Summit
President of IBCAP & Beautycare Academy'2026*

Prof.Dr. Ahmet Aygün

*Co-Chair of The C.A. Api-Summit
Dean of Agricultural Faculty of KTMU*

Prof.Dr. Özlem Barış

*Co-Chair of The C.A. Api-Summit
Kyrgyz-Turkish Manas University*

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GENERAL PROGRAMME: *Kyrgyz-Turkish Manas University, Bishkek – Kyrgyzstan*

23 APRIL, THURSDAY

09.00 - 12.00	REGISTRATION: <i>Main Conference Hall– Kyrgyz-Turkish Manas University (Cal Campus)</i>
12.00 - 13.00	PROMOTION OF THE KYRGYZSTAN: HISTORY & CULTURE
13.00 - 14.00	LUNCH
14.00 - 18.00	TECHNICAL EXCURSION
19.00 - 22.00	WELCOME DINNER - SUPHARA RESTAURANT) (FOR FOREIGN PARTICIPANTS)

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24 APRIL, FRIDAY

OPENING SESSION - I

08.30 - 10.00	REGISTRATION: <i>Main Conference Hall– Kyrgyz-Turkish Manas University (Cal Campus)</i>
10.00 - 10.15	PROMOTION OF THE KYRGYZ-TURKISH MANAS UNIVERSITY
10.15 - 11.00	OPENING CEREMONY (MAIN CONFERENCE HALL)
11.00 - 13.00	TURKSOY SPECIAL SESSION
13.00 - 14.00	LUNCH

24 APRIL, FRIDAY

SESSION II: AGRICULTURAL FACULTY – Conference Halls

Moderator:

14.00 - 14.20	
14.20 - 14.40	
14.40 - 15.00	
15.00 - 15.20	
15.20 - 15.40	
15.40 - 16.00	Coffe Break

24 APRIL, FRIDAY

SESSION III: AGRICULTURAL FACULTY

Moderator:

16.00 - 16.20

16.20 - 16.40

16.40 - 17.00

17.00 - 17.20

17.20 - 17.40

19.00 - 22.30

GALA DINNER & SOCIAL PROGRAMME (KTMU CAL CAMPUS)

25 APRIL, SATURDAY

SESSION IV: AGRICULTURAL FACULTY

Moderator:

10.00 - 10.20	
10.20 - 10.40	
10.40 - 11.00	
11.00 - 11.20	Coffe Break
11.20 - 11.40	
11.40 - 12.00	
12.00 - 12.20	
12.30 - 14.00	LUNCH

25 APRIL, SATURDAY

SESSION V: AGRICULTURAL FACULTY

Moderator:

14.00 - 14.20	
14.20 - 14.40	
14.40 - 15.00	
15.00 - 15.20	
15.20 - 15.40	
15.40 - 16.00	Coffe Break
16.00 - 19.00	TECNICAL EXCURCION
19.00 - 22.30	DINNER & SOCIAL PROGRAMME (KTMU CAL CAMPUS)

26 APRIL, SUNDAY

SESSION VI: AGRICULTURAL FACULTY

Moderator:

10.00 - 10.20	
10.20 - 10.40	
10.40 - 11.00	
11.00 - 11.20	
11.20 - 11.40	
11.40 - 12.30	Closing Pannel
12.30 - 13.30	LUNCH
13.30 - 18.00	TECNICAL EXCURCION – ALA-ARCHA NATIONAL PARK